



Full HYROX Results

25 October 2025

Age	Name	Result
Individual Female		
40 to 49	Katherine Moore	01:19:15
40 to 49	Gayle Malaugh	01:25:23
40 to 49	Catherine Cauley	01:31:00
40 to 49	Karen Farrelly	01:34:00
Individual Male		
16 to 19	Ryan McCauley	DNF
20 to 29	Samuel Murray	00:58:52
20 to 29	Reece Thompson	01:02:17
30 to 39	Mark Milligan	01:15:56
40 to 49	Colin Harper	01:17:00
40 to 49	David Balmer	01:24:02
50 to 59	Geoffrey Sloss	DNF
60 to 69	Ian McLachlan	01:26:34
Female Doubles		
16 to 19	Lucy McGonigle and Lauren Taylor	00:58:45
30 to 39	Shannon Booth and Laura Brown	01:11:36
30 to 39	Sarah Thompson and Natalia Chornobai	01:20:00
30 to 39	Courtney Gregory and Emma Clements	01:24:57
40 to 49	Amanda Perry and Christina McConnell	00:59:32
40 to 49	Lynsey McCloskey and Judith Taylor	01:08:35
40 to 49	Lynne Edgar and Katie Harper	01:09:50
40 to 49	Hope Mairs and Linnora Phillips	01:35:21
50 to 59	Carol Thompson and Julie Balmer	01:09:43

Male Doubles

20 to 29	Jay Thompson and Steven Adams	00:53:51
20 to 29	Simon Irwin and Chris Curran Cochrane	01:03:16
20 to 29	Daniel Warke and Neeson McCullough	01:05:09
20 to 29	Stuart McCollum and Aaron McCutcheon	01:12:36
20 to 29	Corey McCready and Bryan Greig	01:20:00

30 to 39	James Duncan and Ryan Thompson	00:54:54
30 to 39	Ross Doherty and Steve Pollock	00:59:51
30 to 39	Samuel Hanna and Robert Oliver	01:05:48
30 to 39	Manny Farrelly and Stevie Thompson	01:10:30
30 to 39	Scott Galloway and Mark Newell	01:15:42
30 to 39	Drew Bradley and Jonni Trimble	00:57:33

40 to 49	Graeme Black and David Saunders	00:59:00
40 to 49	Stephen Houston and Mark Penn	01:03:00
40 to 49	Conor Leeson and Chris Copeland	01:13:00
40 to 49	William McGrath and Ally Watson	01:13:38

50 to 59	Andy Palmer and Ray Anderson	01:16:21
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Mixed Doubles

16 to 19	Cassis Huddleston and Ethan Brady	01:12:11
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30 to 39	Daniel and Sarah McCarthy	01:10:00
30 to 39	Glenn Kernohan and Rebecca Steele	01:19:32
30 to 39	Jo and Lee Cox	01:28:04
30 to 39	Catherine Leguinec and James Small	01:11:26

40 to 49	Aaron Bell and Kerry Speers	01:02:12
40 to 49	Nuala Glynn and Brian Shek	01:06:47
40 to 49	Ella Williamson and Graeme McGowan	01:11:12
40 to 49	Paula Steele and Gareth Curran	01:21:15