

HYROX Race Results Winter Series 3 (February)

Age category	Gender	Name	Time
11 to 13	Male	Dylan Assorto-McIlwaine	13:16:00
11 to 13	Female	Caitlyn Dickenson	11:30:00
11 to 13	Female	Keara Simpson	12:14:00
14 to 15	Male	Dylan Gregory	12:22:00
14 to 15	Male	Kenzie Ross	14:13:00
16 to 19	Male	Jason Rossborough	19:46:00
16 to 19	Male	Ryan McCauley	20:43:00
20 to 29	Male	Simon Irwin	12:52:00
20 to 29	Male	Aaron Hunter	16:05:00
20 to 29	Male	Ben Kirkwood	18:00:00
20 to 29	Female	Catherine Shields	12:03:00
20 to 29	Female	Grace McKee	15:27:00
20 to 29	Female	Sarah McVea	15:35:00
20 to 29	Female	Emma Lappin	16:29:00
20 to 29	Female	Maura Glynn	16:51:00
20 to 29	Female	Abigail Leckey	17:01:00
20 to 29	Female	Jamie-Lee Clasper	17:03:00
20 to 29	Female	Beth McCormick	17:41:00
30 to 39	Male	Sean Savage	13:33:00
30 to 39	Male	Marty Caskey	13:42:00
30 to 39	Male	Ross Doherty	13:50:00
30 to 39	Male	Undisclosed	14:38:00
30 to 39	Male	Kyle Jaswal	14:43:00
30 to 39	Male	Daniel McCarthy	16:39:00
30 to 39	Female	Lynsey McCloskey	15:00:00
30 to 39	Female	Sarah McCarthy	15:10:00
30 to 39	Female	Sarah McKeag	15:41:00
30 to 39	Female	Jo Cox	15:48:00
30 to 39	Female	Hope Mairs	18:05:00
30 to 39	Female	Emma Heald	18:38:00
40 to 49	Male	David Saunders	12:01:00
40 to 49	Male	Graeme Black	12:47:00
40 to 49	Male	Graeme McGowan	13:48:00
40 to 49	Male	Robert Oliver	13:54:00

40 to 49	Male	Colin Harper	13:59:00
40 to 49	Male	Neal Johnston	14:32:00
40 to 49	Male	David Balmer	14:58:00
40 to 49	Male	Emmanuel Farrelly	15:18:00
40 to 49	Male	Richard McGimpsey	16:11:00
40 to 49	Male	Paul Greggan	18:13:00
40 to 49	Female	Ella Williamson	14:09:00
40 to 49	Female	Gayle Malaugh	14:48:00
40 to 49	Female	Julie Balmer	15:32:00
40 to 49	Female	Paula Steele	15:58:00
40 to 49	Female	Karen Farrelly	16:03:00
40 to 49	Female	Leah Semple	16:26:00
40 to 49	Female	Christine Clent	18:41:00
40 to 49	Female	Julie Dickenson	19:07:00
50 to 59	Male	Quinton Mawhinney	14:52:00
50 to 59	Male	Robert Rea	15:12:00
50 to 59	Male	Stephen Houston	15:42:00
50 to 59	Male	John Fowlie	18:31:00
50 to 59	Female	Nuala Glynn	14:29:00
50 to 59	Female	Carol Thompson	14:34:00
60 to 69	Male	Ian McLachlan	16:26:00

Adaptive

30 to 39	Female	Kirsty Reilly	11:35:00
50 to 59	Male	Undisclosed	15:46:00
60 to 69	Male	Stephen Foreman	09:59:00