

HYROX Race Results Winter Series 1 (December)

Age category	Gender	Name	Time
11 to 13	Male	Dylan Assorto-McIlwaine	14:13:00
11 to 13	Male	Undisclosed	15:48:00
11 to 13	Female	Caitlyn Dickenson	12:41:00
11 to 13	Female	Keara Simpson	12:51:00
14 to 15	Male	Dylan Gregory	12:32:00
14 to 15	Male	Kenzie Ross	16:38:00
14 to 15	Female	Willow Farrington	11:18:00
14 to 15	Female	Lauren Semple	11:55:00
16 to 19	Male	Ryan McCauley	16:38:00
16 to 19	Female	Lauren Taylor	14:35:00
20 to 29	Male	Michael Worke	12:13:00
20 to 29	Male	Simon Irwin	13:27:00
20 to 29	Male	Sean McCaffrey	16:05:00
20 to 29	Female	Catherine Shields	13:18:00
20 to 29	Female	Rebecca Steele	16:57:00
20 to 29	Female	Jamie-Lee Clasper	18:01:00
20 to 29	Female	Beth McCormick	18:50:00
20 to 29	Female	Louise Willis	22:07:00
30 to 39	Male	Ross Doherty	13:17:00
30 to 39	Male	Marty Caskey	13:39:00
30 to 39	Male	Sean Savage	13:58:00
30 to 39	Male	Kyle Crossland	14:08:00
30 to 39	Male	Peter Robinson	15:30:00
30 to 39	Male	Abrar Hossain	17:08:00
30 to 39	Male	Aaron Gillies	19:07:00
30 to 39	Female	Sarah McCarthy	15:56:00
30 to 39	Female	Jo Cox	16:17:00
30 to 39	Female	Sarah McKeag	16:56:00
40 to 49	Male	David Saunders	13:41:00
40 to 49	Male	Graeme McGowan	13:53:00
40 to 49	Male	Graeme Black	14:26:00
40 to 49	Male	Stephen Turner	14:51:00
40 to 49	Male	Colin Harper	15:09:00
40 to 49	Male	Robert Oliver	15:31:00
40 to 49	Male	David Balmer	15:39:00

40 to 49	Male	Graeme Farrington	16:15:00
40 to 49	Male	Glenn Kernohan	16:40:00
40 to 49	Male	Michael Chivers	17:28:00
40 to 49	Female	Gayle Malaugh	14:52:00
40 to 49	Female	Julie Balmer	15:04:00
40 to 49	Female	Christine Thompson	15:47:00
40 to 49	Female	Karen Farrelly	16:17:00
40 to 49	Female	Paula Steele	16:42:00
40 to 49	Female	Leah Semple	17:18:00
40 to 49	Female	Karen McGlennon	18:57:00
50 to 59	Male	Quinton Mawhinney	15:56:00
50 to 59	Male	Stephen Houston	16:27:00
50 to 59	Male	David Kirk	16:37:00
50 to 59	Male	Gareth Curran	17:12:00
50 to 59	Male	Ian Hunter	17:50:00
50 to 59	Female	Nuala Glynn	15:03:00
50 to 59	Female	Carol Thompson	15:06:00
50 to 59	Female	Caroline Smith	17:57:00
50 to 59	Female	Sarah Benton	19:51:00
50 to 59	Female	Suzann Flowers	21:35:00
60 to 69	Male	Norman Mawhinney	18:27:00
60 to 69	Male	Ian McLachlan	18:28:00
Adaptive			
50 to 59	Male	Undisclosed	08:15:00
30 to 39	Female	Daniela Laprea	09:48:00
30 to 39	Female	Kirsty Reilly	12:18:00