

# SPORTS EDUCATION COURSES 2021-2022

## Training Courses for Sports Clubs, Coaches and Volunteers

### ZOOM & FACE TO FACE - COURSE DETAILS

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| <b>Course Code</b>               | SAFE1  |
| <b>Date &amp; Time</b>           | Thurs 16 <sup>th</sup> September 2021 – 6:45pm-9pm   |
| <b>Course/Presentation Title</b> | Online - Safeguarding Children & Young people  |
| <b>Facilitated By</b>            | Sport NI   |
| <b>Delivery Method</b>           | Zoom (attendees must be able to have/use video & microphone)   |
| <b>Course Description</b>        | This workshop aims to raise awareness of Child Protection issues in sport and introduces participants to the code of Ethics and Good Practice for Children's Sport   |
| <b>Target Audience</b>           | Coaches, athletes and volunteers   |
| <b>Cost</b>                      | Affiliated £15, Non-Affiliated £20   |
| <b>Course Code</b>               | F'AID  |
| <b>Date &amp; Time</b>           | Tues 19 <sup>th</sup> & Thurs 21 <sup>st</sup> October 2021 – 6:30pm-10pm (both days)  |
| <b>Course/Presentation Title</b> | Level 3 Award in Emergency First Aid at Work.  |
| <b>Facilitated By</b>            | TrainSafe UK   |
| <b>Delivery Method</b>           | Face To Face (Londonderry park, Newtownards)   |
| <b>Course Description</b>        | This sports related course covers: CPR and Defib, Recovery position, Bleeding, Fractures, Allergies, Epipen, Sprains/strains (includes a test)   |
| <b>Target Audience</b>           | Coaches, athletes and volunteers with established credibility and authority within the club  |
| <b>Cost</b>                      | Affiliated £25, Non-Affiliated £30   |
| <b>Course Code</b>               | DES1   |
| <b>Date &amp; Time</b>           | Tues 9 <sup>th</sup> & Thurs 11 <sup>th</sup> November 2021 – 6:45pm-8:30pm (both days)  |
| <b>Course/Presentation Title</b> | Online - Safeguarding Children & Young people  |
| <b>Facilitated By</b>            | Sport NI   |
| <b>Delivery Method</b>           | Zoom (attendees must be able to have/use video & microphone)   |
| <b>Course Description</b>        | This workshop aims to raise awareness of Child Protection issues in sport and introduces participants to the code of Ethics and Good Practice for Children's Sport   |
| <b>Target Audience</b>           | Coaches, athletes and volunteers   |
| <b>Cost</b>                      | Affiliated £15, Non-Affiliated £20   |
| <b>Course Code</b>               | HOW  |
| <b>Date &amp; Time</b>           | Tues 23 <sup>rd</sup> November 2021 – 7pm-9pm  |
| <b>Course/Presentation Title</b> | Online - How to Attract & Retain Club Members  |
| <b>Facilitated By</b>            | Sport NI   |
| <b>Delivery Method</b>           | Zoom (attendees must be able to have/use video & microphone)   |
| <b>Course Description</b>        | This course highlights trends in sports club membership, how a club might develop membership 'insight', & considers how behaviour change concepts & practical steps may help to attract new members to your club, & retain existing club members for longer. |
| <b>Target Audience</b>           | Coaches, athletes and volunteers with Club credibility and authority   |
| <b>Cost</b>                      | Affiliated £15, Non-Affiliated £20   |

## ZOOM COURSE DETAILS

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| <b>Course Code</b>               | PLAN   |
| <b>Date &amp; Time</b>           | Tues 14 <sup>th</sup> December 2021 – 6:45pm-9pm   |
| <b>Course/Presentation Title</b> | Online - Simple Steps To Create A Club Development Plan  |
| <b>Facilitated By</b>            | Sport NI   |
| <b>Delivery Method</b>           | Zoom (attendees must be able to have/use video & microphone)   |
| <b>Course Description</b>        | This module highlights the importance of club planning & provides information on the simple steps that a club can take to create their own development plan, including creating a vision, objectives & actions, as well as who to involve. |
| <b>Target Audience</b>           | Coaches, athletes and volunteers   |
| <b>Cost</b>                      | Affiliated £15, Non-Affiliated £20   |

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| <b>Course Code</b>               | SAFE2  |
| <b>Date &amp; Time</b>           | Thursday 13 <sup>th</sup> January 2022 – 6:45pm-9pm  |
| <b>Course/Presentation Title</b> | Online - Safeguarding Children & Young people  |
| <b>Facilitated By</b>            | Sport NI   |
| <b>Delivery Method</b>           | Zoom (attendees must be able to have/use video & microphone)   |
| <b>Course Description</b>        | This workshop aims to raise awareness of Child Protection issues in sport and introduces participants to the code of Ethics and Good Practice for Children's Sport |
| <b>Target Audience</b>           | Coaches, athletes and volunteers   |
| <b>Cost</b>                      | Affiliated £15, Non-Affiliated £20   |

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| <b>Course Code</b>               | HEALTH1   |
| <b>Date &amp; Time</b>           | Tues 8 <sup>th</sup> February 2022  |
| <b>Course/Presentation Title</b> | Online – Level1 Mental Health   |
| <b>Facilitated By</b>            | Sport NI  |
| <b>Delivery Method</b>           | Online (pre-requisite to Level2))   |
| <b>Course Description</b>        | Participants complete this 1hr course in their own time. Increase knowledge of Mental Health & Understand symptoms of Mental Health Disorders |
| <b>Target Audience</b>           | Coaches, athletes and volunteers  |
| <b>Cost</b>                      | FOC (Free of charge)  |

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| <b>Course Code</b>               | HEALTH2   |
| <b>Date &amp; Time</b>           | Tues 22 <sup>nd</sup> February 2022 – 7pm-8:30pm                                      |
| <b>Course/Presentation Title</b> | Online - Level2 Mental Health   |
| <b>Facilitated By</b>            | Sport NI  |
| <b>Delivery Method</b>           | Zoom (attendees must be able to have/use video & microphone)                          |
| <b>Course Description</b>        | This more in-depth course will focus on building wellbeing into the club environment. |
| <b>Target Audience</b>           | Coaches, athletes and volunteers  |
| <b>Cost</b>                      | FOC (Free of charge)  |

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| <b>Course Code</b>               | DES2   |
| <b>Date &amp; Time</b>           | Tues 8 <sup>th</sup> & Thurs 10 <sup>th</sup> March 2022 – 6:45pm-8:30pm (both days)   |
| <b>Course/Presentation Title</b> | Online – Designated Safeguarding Officers  |
| <b>Facilitated By</b>            | Sport NI   |
| <b>Delivery Method</b>           | Zoom (attendees must be able to have/use video & microphone)   |
| <b>Course Description</b>        | This workshop aims to raise awareness of Child Protection issues in sport and introduces participants to the code of Ethics and Good Practice for Children's Sport |
| <b>Target Audience</b>           | Coaches, athletes and volunteers   |
| <b>Cost</b>                      | Affiliated £15, Non-Affiliated £20   |

### Please Note

- We will contact you regarding your card payment (unless FOC).
- Places only confirmed once registration form and card payment received.
  - Fees are non-refundable unless the course is cancelled.
- Places are limited and available on a first come first served basis.
  - Zoom courses may require pre-learning.

(pre-learning material will be emailed from the facilitator prior to the course start date).

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Pre-learning material and Zoom login details will be provided  
please contact [sportsdevelopment@ardsandnorthdown.gov.uk](mailto:sportsdevelopment@ardsandnorthdown.gov.uk) for a registration form

